## The Florence Melton Adult Mini-School Section: Rhythms of Jewish Living http://mcohen02.tripod.com/rhythms.html Instructor: Marsha B. Cohen E-mail: marbcohen@gmail.com

## Topic: Shemini Atzeret and Simchat Torah

**Key Idea.** Like Sukkot, Shemini Atzeret and Simchat Torah are referred in the kiddush and the liturgical inserts as "z'man simchateinu"—the season of our joy.

Shemini Atzeret is mentioned in only two of the four passages in the Torah which list the festivals. "A solemn festival day" immediately following the seven days of Sukkot, it is observed by kiddush, candlelighting and abstention from work. The lulav and etrog are not used, and the blessing "leishev basukka" is not recited. During the musaf service on Shemini Atzeret the prayer for rain is recited, and the phrase "Mashiv haruach umoreed hagashem" ("You make the wind blow and the rain fall") is added to all recitations of the Amidah from Shemini Atzeret until Pesach. Yizkor, the prayer of remembrance for the dead, is recited by Ashkenazim (Jews following European liturgical tradition) on Shemini Atzeret. The period of time beginning with the first day of Pesach on the 15<sup>th</sup> of Nisan up to and including Shemini Atzeret, the 22nd of Tishrei, is exactly 185 days long. It's interesting to note that the period of time from the traditional first day of the vernal equinox (normally March 21<sup>st</sup>) up to and including the traditional day of the autumnal equinox (usually Sept. 21<sup>st</sup>), is also exactly 185 days long.

Simchat Torah, the second day of Shemini Atzeret in the Diaspora but observed on the 22<sup>nd</sup> of Tishrei in Israel, was unknown in Talmudic times. It apparently originated as a festival on its own during the 9<sup>th</sup> century in Babylonia, where the annual Torah reading cycle was practiced. On Simchat Torah the annual Torah reading cycle is concluded with the reading of the end of the book of Deuteronomy by the Chatan Torah ("torah bridegroom") and begins again with the reading of the opening verses of Genesis by the chatan bereisheet ("Genesis bridegroom"). The custom of carrying the torah scrolls in a procession around the synagogue seven times is called Hakkafot ("circuits"), and originated in the Middle Ages. There is joyous dancing with the Torah. In many traditional synagogues, all post-bar mitzvah males are all called for an aliyah on Simchat Torah.

## Our discussion of the texts:

- Text 1. Leviticus 23: 33-36. The biblical commandment to observe Shemini Atzeret.
- Text 2. Numbers 29:35-38. The *Shemini Atzeret* sacrificial offerings.
- Text 3. Rashi on Numbers 29:35 What "stops" on Shemini Atzeret?
- **Text 4. Rashi on Leviticus 23:36** Why a "solemn" gathering?
- Text 5. Sefer HaChinukh- Why are the lular and etrog are not used on Shemini Atzeret?
- Text 6. Pesikta Rabbati 1:4. Differences between Jewish and non-Jewish holiday observances
- Texts 7–8. Mishna Rosh Hashana 1:2 and Ta'anit 1:2. Sukkot, Shemini Atzeret and rain.
- **Text 9. Mordechai Margaliot.** Different customary Torah reading cycles among Jewish communities in the Middle Ages.
- **Text 10. Michael Strassfeld. Comparing** the relationship of *Shemini Atzeret* to *Sukkot* to that of *Shavuot* is to *Pesach*.
- **Text 11.** Alexander A. Steinbach--Simchat Torah and the unbroken cycle of Torah.